

## Dawn of a New Day Memory Care

Eskaton offers an exceptional memory care program that provides comfort, security and inspiration for those older adults experiencing dementia and Alzheimer's disease. Our Dawn of a New Day memory care neighborhoods offer environments that focus on personal dignity, family support and social engagement.

### Our Well-Being Philosophy

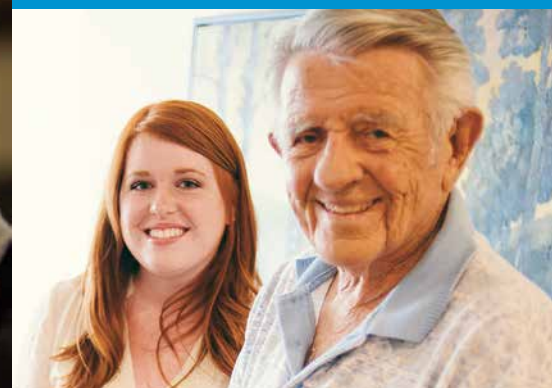
- We believe every older adult deserves personalized care that supports their health and enhances their quality of life.
- We strive to honor each resident's individuality and to discover those things that make them who they are.
- We ensure that our residents are cared for by people they trust and to whom they feel connected.
- We offer activities that promote meaningful and purposeful daily living.
- We are dedicated to celebrating the lives of every resident and supporting them in mind, body and spirit.

Every Eskaton employee attends the Well-Being Academy, a 16-hour comprehensive educational training program designed to teach our staff how to best support older adults living with physical and cognitive change. We believe that the primary role of each care partner is to identify and understand the changing needs of our residents while working collaboratively with them and their loved ones to provide tailored services that meet their physical and emotional needs.

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For more information  
about this program,  
talk to your  
Eskaton community  
representative.



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Eskaton's Dawn of a New Day memory care neighborhoods offer the intimacy of private or semi-private accommodations in conjunction with the social atmosphere of the common living room, dining area, recreation rooms and outdoor courtyards. Regular social interaction is one of the many benefits of community living and residents enjoy the opportunity to experience the world through art, music, gardening, fitness classes, outdoor excursions and pet therapy programs.

Select Eskaton communities also offer the Dayspring program, a special transitional neighborhood that supports residents who are beginning to experience cognitive change. This unique program offers an adaptive environment that supports the independence and well-being of residents as they navigate changing cognitive abilities.

## Eskaton Memory Care Communities

### **Eskaton Village Carmichael**

Continuing Care Retirement Community  
916-974-2000  
800-300-3929 Toll Free  
License # 340313383 | COA # 202

### **Eskaton Village Grass Valley**

Multi-Level Community  
530-273-1778  
888-958-7100 Toll Free  
License # 297001933

### **Eskaton Village Placerville**

Multi-Level Community  
530-295-3400  
License # 097005046

### **Eskaton Village Roseville**

Multi-Level Community  
916-789-7831  
License # 315002052

### **Eskaton Lodge Gold River**

Assisted Living, Pre-Memory and Memory Care  
916-852-7900  
License # 347001241

### **The Parkview** (Pleasanton)

Assisted Living and Memory Care  
925-461-3042  
License # 015601283

### **The Trousdale** (Burlingame)

Assisted Living and Memory Care  
650-443-3700  
License # 415601015

### **O'Connor Woods** (Stockton)

Life Plan Community  
209-956-3400  
License # 390314809 | COA #230